

Instruction for using Rolling Lion Warmer - Large



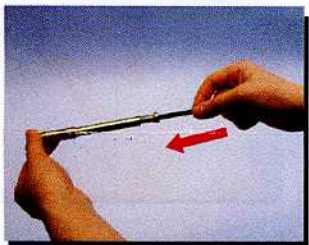
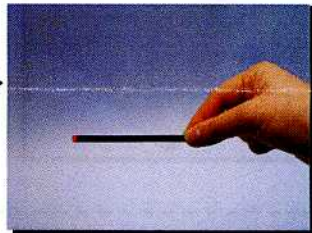
Rolling Lion Warmer - 2 types are available.

- Brass type
- Chrome type

1

Ignite one moxa stick (5 mm diameter type).
available in regular and smokeless rolls.

2

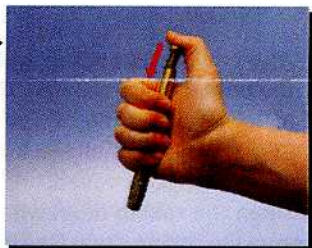


Put the moxa stick into the spring tube of
the Rolling Lion Warmer.

3

When the moxa stick is completely inside
the tube, press the spring tube to load
the moxa stick, repeat this step if necessary
in order to lower the moxa stick to the
bottom level.

4



Keep the spring tube in horizontal or up side
down level, adjust the moxa stick to the decided
position inside the rolling drum. The moxa stick
is in the middle level of the rolling drum.

5

The rolling drum becomes warm and hot. Test the temperature with your palm and make sure it is comfortable before roll it over the treatment area for moxibustion purpose.

6



After treatment, simply press the spring tube again and turn it up side down, the moxa stick will fall out of the tube.

7

Take out the moxa stick from the Rolling Lion Warmer for ashes removal if necessary, or extinguish the moxa stick and keep it for next treatment.

8



1. When the moxa stick is ignited inside the rolling drum, do not stay for too long as the temperature will rise. Once the rolling drum is getting hot, roll it over the palm to lower down the temperature before continuing the moxibustion treatment. Slightly knock or shake the rolling drum once a while so that the ashes from the moxa stick is removed.

2. Clean the rolling drum with brush after burning for 2 to 3 pieces of moxa stick to keep the rolling drum free of dust and ashes.

3. To extinguish the moxa stick, simply lower down the moxa stick to the lower end of the rolling drum completely, stay for 10 seconds and the moxa stick will be extinguished.